

Deb Schroeder

PROFESSIONAL DEVELOPMENT & STAFF TRAINING

Building Relationships That Matter: 7 Truths All Teens Need

Explore 7 core principles to build trust and strengthen relationships with middle and high school students.

- *Practical frameworks to improve daily adult-student interactions.*
- *Strategies to build relational trust while maintaining expectations and boundaries.*

Every Behavior Tells Us Something: Looking Beyond the Behavior

Uncover what challenging, withdrawn, or unexpected behavior may be communicating beneath the surface.

- Practical tools to identify and address underlying student needs.
- Strategies for responding to behavior in ways that maintain connection rather than conflict.

Identity: Who Am I Becoming?

Adolescence is a time of developing identity and asking “Who am I becoming?” Explore influences that shape how students see themselves and the role educators can play.

- Strategies for supporting student voice and autonomy.
- Practical ways to encourage growth without defining who students should become.

Interactive Workshop: Shifting Our Perspective

A hands-on, reflective session that helps adults examine their own assumptions and patterns of responding to specific teens.

- *Guided reflection to identify how an adult sees a teen and how that perspective shapes their interactions.*
- *Action steps for more positive, effective daily interactions.*



ABOUT DEB

Deb equips educators with practical tools to better understand, connect with, and support students. Her approach combines real-world experience and positive youth development.

KEY EXPERIENCE

- Nearly 30 years of experience working with teens and the adults who serve them
- Author of forthcoming *Building Relationships That Matter: 7 Truths All Teens Need*
- Speaker and trainer for school districts, educators, and youth-serving professionals

WHAT STAFF SAY

“Deb provides practical guidance for staff working with difficult situations.”

Adam Oetken

School Liaison Office,
Juvenile Court Services

CONTACT

- Email: info@debtalkstruth.com
- Phone: 785-477-2059
- Website: debtalkstruth.com