Deb Schroeder

FAITH-CENTERED, PRACTICAL TRAINING FOR ADULTS AND TEENS



Training for Adults

Building Relationships That Matter: 7 Truths All Teens Need

Explore what teens need from caring adults and practical ways to build relationships that matter.

Every Behavior Tells Us Something

Look beyond behavior to consider what a teen may need and how your response can maintain connection.

Giving Teens Space to Figure Out Who They Are

Support teens as they develop their identity and grow in their relationship with Jesus without defining that journey for them.

Interactive Workshop: Shifting Our Perspective

Examine how your perspective of a specific teen shapes your interactions and what you can do differently to see that teen as Jesus does.

Training for Teens

Interactive Workshop: The Princess File (for teen girls)

Leaning into who you are and seeing yourself as Jesus sees you.

Combating Stress and Anxiety with Jesus By Your Side

Explore faith-based ways to navigate stress and pressure from school, family, and friendships.

ABOUT DEB

Deb equips adults who walk alongside teens with practical tools for building relationships that matter. Her approach combines real-world experience and positive youth development with a faith grounded in Jesus.

KEY EXPERIENCE

- Nearly 30 years of experience working with teens and the adults who serve them
- Current middle school girls' small group leader
- Author of forthcoming *Building Relationships That Matter: 7 Truths All Teens Need*
- Speaker and trainer for churches, youth ministries, parent groups, and teen events

CONTACT

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PERFECT FOR: *Youth Ministries • Church Staff • Volunteer Training • Parent Events • Teen Events*